

# THE LAYFTC POST

## Project Break Free Educates College Campuses about 100% Smoke-Free Policies

Koreatown Youth & Community Center's Project Break Free team has a mission to reduce tobacco-related harms and promote health equity among students on community college campuses in the Greater Los Angeles area. In order to reach its mission, the team needs to meet three objectives. The first objective involves leading campaign efforts to educate community colleges and trade schools in LA on 100% smoke- and tobacco-free policies. The team will outreach, interview, and collaborate with decision makers, faculty, staff, and individuals who have experience with passing smoke-free campus policies. For the second objective, the team will recruit, train, and maintain Transition Age Youth (TAY) interns, ages 16 to 25, so they develop leadership and tobacco control advocacy skills. The last objective is to partner with Los Angeles Youth First Tobacco Coalition (LAYFTC) to further educate college campuses on 100% smoke-free policies by engaging in educational presentations, data collection, and policy advocacy events.



## CYAN Tobacco-Free Policy Report Card Reveals Tobacco-Use Policy Trends and Educates Decision Makers

By Michael Jung

On June 2020, California Youth Advocacy Network (CYAN) has released the tobacco-free policy report card for all 147 public colleges and universities regarding their tobacco-use and smoking policies. The purpose of the report card is to display the tobacco use policies on California college campuses by using the grading system. Colleges that have received a letter grade A+ or A, demonstrate a 100% smoke-free campus. On the other hand, colleges that have received a letter grade from a C to F signify little to no smoking regulations on campus. In addition, the report card can educate and convince decision makers to adopt 100% tobacco and smoke-free policies on campuses. As of June 2020, UC and CSU systems have achieved 100% smoke-free policies on their campuses. With only 56% of California community colleges adopting smoke-free policies, CYAN hopes to further help the remaining community colleges achieve 100% smoke-free status on their campuses.



**Member  
Highlight:  
Alexa  
Sanchez**



Hello, my name is Alexa Sanchez and I'm a Senior at Hamilton High School. I'm a Peer Advocate with the Well Being Center at my school. One of the many things that we focus on, are helping people struggling with any type of substance abuse. This kind of program is extremely helpful for the community at large, but especially for at-risk youth, who may not have the support that they need to overcome their adversities. I want to be part of the solution and part of an organization who helps rather than judges or singles anyone out. Hopefully, I can make a positive impact. I'm really excited to get to know new people and grow from new experiences here at LAYFTC.

**Resources and  
Articles**

[A Time to Lean In: COVID-19 Presents a Prime Opportunity to Reinforce Messages about Healthy Behaviors](#)

[Smoking and Vaping | Reduce Your Risk to Covid by Quitting](#)

[Smoking modestly increases risk for severe COVID-19](#)



# ANNOUNCEMENTS



**Join Los Angeles Youth First Tobacco Coalition!**

Calling all students, advocates, and faculty!

We are a youth-led coalition that promotes 100% smoke and tobacco-free policy on college campuses.

We meet on third Tuesday of every month through Zoom @ 5pm

**Why Join?**

- Make a difference in your college campus and community
- Gain leadership and advocacy skills
- Advocate to decision makers for community change
- Earn community service hours, letter of recommendations, and gift cards

**Contact Us**  [layftc.wixsite.com/home](https://layftc.wixsite.com/home)  [@layouth1st](https://www.instagram.com/layouth1st)

 Hilcia Guerra: [hguerra@kyccla.org](mailto:hguerra@kyccla.org)  (213) 365-7400 Ext. 5114

 Aimee Newton: [anewton@kyccla.org](mailto:anewton@kyccla.org) 

## Next Coalition Meeting

- ★ Thurs., Sept. 22 at 5:00 pm - 6:00 pm via Zoom
- ★ Interested? Contact Andy Lau: [alau@kyccla.org](mailto:alau@kyccla.org)



# ANNOUNCEMENTS

## Intern with us!

**Project Break Free** is a community service-based project that promotes community engagement and mobilization to reduce the exposure of secondhand smoke on school campuses.

- Earn community service hours, recommendation letters, and references
- Enhance your résumé/college applications
- Gain research, advocacy, and leadership skills
- Make a difference in your community

### MINIMUM REQUIREMENTS

- 8-10 hours per week
- Minimum 3 months commitment
- Current college student

### APPLY HERE

GOOGLE FORM LINK:  
<https://rb.gy/o0qcde>



For more information, please contact  
Aimee Newton at [anewton@kyccla.org](mailto:anewton@kyccla.org) or  
Hilcia Guerra at [hguerra@kyccla.org](mailto:hguerra@kyccla.org)



## HERE IS A GLIMPSE OF WHAT YOU'LL BE A PART OF:

- **LOS ANGELES YOUTH FIRST TOBACCO COALITION**  
Participate in a coalition with students and adults to network and discuss tobacco-related topics
- **EVENT PLANNING**  
Plan events for students and adults such as community forums
- **SOCIAL MEDIA CAMPAIGNS**  
Help create social media content
- **TRAINING OPPORTUNITIES**  
Get trained and train others in advocacy skills and tobacco-related topics
- **RESOURCE TABLES**  
Engage community members with tobacco resources and activities

